



high alps
nature park
zillertaler alps

Summer Programme 2018

Experience the Nature

Reach for the Alps



Zillertal.at



Zillertal Alps Nature Park

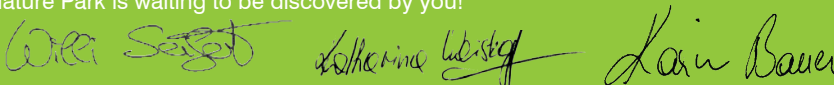
Dear Nature Park Enthusiast,

Our Nature Park is a high alpine conservation area in the truest sense of the words. It extends from the traditional mountaineering village of Ginzling to the Hochfeiler Peak at 3,509 m. Five different sub-valleys, narrow gorges, glaciated summits, innate and cultivated landscapes as well as an extraordinary biodiversity are the defining characteristics of the „Nature Park of the Year 2015“.

We invite you to discover the Nature Park together with our guides and find out more about the region. There is something to suit everyone – with hikes to the Berlin Hut, herbal walks, the Alpine Pastures Experience Zillergrund, the forest pixie day or an ascent to Mount Ahorn's peak with Peter Habeler.

We highly recommend a visit to the Nature Park House, as well as staying with one of our partner companies who work in close collaboration with the Nature Park. Guests of our partner companies can participate in all our hikes and visit the exhibition at the Nature Park House for free.

The Nature Park is waiting to be discovered by you!



The Nature Park Team, Manager Willi Seifert, Katharina Weiskopf, Karin Bauer



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Fakten & Highlights

- ➔ Size: **422 km²**
- ➔ Protected natural area **since 1991**
- ➔ Altitude profile ranging from **1,000 m** at *Ginzling* to 3,509 m at *Hochfeiler*
- ➔ An unparalleled experience of natural landscapes with **80 glaciers**, **rich biodiversity** at all alpine altitudes and **unique crystal deposits**.
Unspoiled cultural landscapes on alpine pastures and meadows
- ➔ **Nature has priority** - permanent developments with public roads or lift systems are prohibited with no exception
- ➔ **Nature Park House** in the mountaineering village of *Ginzling*
- ➔ **Alpine** and **Nature Park library** with a selection of books and maps in the Nature Park House
- ➔ Several fascinating **permanent** and **special exhibitions**
- ➔ **Over 200 guided walks** with our Nature Park Guides covering a variety of Nature Park themes
- ➔ **Eight mountain refuge huts from the German Alpine Association**
- ➔ Walk through the Nature Park from hut to hut along the **Berlin Hiking trail**
- ➔ **Several themed trails**
- ➔ **Internationally renowned climbing & bouldering areas**



More Information on the Nature Park and themed guided walks is available from the Nature Park House in Ginzling or from the Mayrhofen-Hippach and Tux-Finkenberg Tourist Boards, see page 59 for further information.

Nature Park Partner business

A Nature Park Partner business is a **quality tested accommodation provider**, who identifies with the ideals and philosophy of the Zillertal Alps Nature Park..

- Strong affinity with the Nature Park
- Competent information on the Nature Park region provided by the Nature Park host
- Nature Park holiday packages
- Free participation on the Nature Park guided tours
- Free admission to the Nature Park House exhibition
- Free use of the Nature Park library
- Sustainable business management
- Increased use of regional products



Presentation series „*Magical Moments in the Nature Park*“

Impressions, interesting facts and hiking tips for our visitors

Nature photographer and Nature Park Ranger, Herbert Grasl, accompanies visitors to the most beautiful spots in the Tux Valley and tells them about the region's special characteristics. He has captured many a magical moment with his camera. "Seen through the heart" - is how he describes the rugged, beautiful world amidst these high mountains. As Nature Park and Mountain Guide he is a hive of information on hiking in the Tux and Zillertal Alps.

The "Magical Moments" presentation takes place every Monday from 18.06 - 17.09.

Begins in Tux: 17.30 hrs at the Tux-Center, Lanersbach, in the „Gletschersaal“

Begins in Finkenberg: 20.30 hrs at Volksschule Finkenberg in the Aula (lobby)



We are your Nature Park guides and would like to introduce ourselves:

Andrea Sporer



„As a Nature Park guide, I have the opportunity to show people the many secrets and small wonders of nature and how to transform these into strength and energy for everyday life“

Tel.: +43/(0)660/ 263 68 78

Mail: andrea.sporer@aon.at

Maria Fankhauser



„It brings me great joy every single time I am able to show people the Nature Park in all its stunning beauty“

Tel.: +43/(0)664/ 99 14 563

Mail: fankhauser.mc@gmail.com

Herbert Grasl



„I made my hobby into my career and am delighted to discover the Nature Park with you as your guide“

Tel.: +43/(0)664/ 26 57 303

Mail: hebs@aon.at

Nina Schleifer



„To savour the silence, feel free and enchanted by the mountains is the most beautiful thing in the world. We are quintessentially nature and every tour is a new adventure that I would like to share with you“

Tel.: +43/(0)664/ 22 65 318

Mail: nina.schleifer@gmx.net

Antoinette Spannocchi



„You can replenish flagging energy levels and switch off from everyday life in nature, where peace and tranquillity prevail. That is the message I would like to pass on“

Tel.: +43/(0)699/ 11 79 8655

Mail: antoinette@spannocchi.at

Irene Fankhauser



„It gives me great joy to experience and discover the beauty and diversity of our natural environment with other interested parties – especially children“

Tel.: +43/(0)680/ 44 60 547

Mail: irene.fankhauser@aon.at

Franz Haun



„I always try to introduce people to the incredible diversity of the Nature Park“

Tel.: +43/(0)699/ 11 69 10 74

Mail: frhaun@aon.at

Walter Ludl



„The beautiful wild flowers never fail to impress me as well as the stunning views over 3,000 m peaks, and exactly that is what I endeavour to show people“

Tel.: +43/(0)664/ 39 69 419

Mail: w.ludl@tirol.com

Hans Knauer



„As a keen mountaineer i would like to bring closer the inestimable variety of the high nature park Zillertal Alps to many other people“

Tel.: +43/(0)664/ 40 38 635

Mail: hans.knauer@zline.at

Florian Warum



“The mountains are a natural habitat for both man and beast. They are also, however, chock full of many noteworthy stories”

Tel.: +43/(0)664/ 53 58 523

Mail: floachhaxn@hotmail.com

Frederick Manck



„I love the people, the animals and nature, which is why I am in my element during the Nature Park hikes“

Tel.: +43/(0)660/ 82 78 959

Mail: frederick.manck@gmx.de

Events 2018

Presentation: “Stone pine and its effect on humans” - Thu 19.07.

Stone pine is often referred to as the „Queen of the Alps“ because it grows in very high mountain regions, where it often forms the tree line. Its wood is known to have beneficial effects on humans, and the most diverse stone pine products are now available. What is it all about? The stone pine tree species is the focus of this slideshow, during which the remarkable results of studies and the effects of stone pinewood are presented in easily understandable form, such as its possible beneficial influence on the human heart rate.

Lecture by DI Dr. Hubert Kammerlander: Thursday, 19.07., 20:00 hrs in Ginzling Mehrzwecksaal, free admission

Presentation “Alpine Weather Kitchen - a vertical journey through the atmosphere” - Thu 09.08.

The Alps are a mighty mountain range in the middle of Europe, where nature places enormous demands on its inhabitants, visitors and, of course, the local flora and fauna. The weather exerts an incredible impact on the Alps, creating many special features and sometimes extreme conditions. Great fluctuations between mountain and valley, between the alpine regions and of course between the seasons are just a few examples. Under the expert guidance of meteorologist Dr. Span, we will delve into the weather phenomena of the Alps and take a look at other mountains on earth.

Lecture Dr. Norbert Span: Thursday, 09.08 at 20:00 at the Tux Center in Lanersbach, free admission

Nature Park Festival and Steinbockmarsch - Sat 18.08.

Nature Park Festival for visitors of all ages in the mountaineering village of Ginzling - with a guided family hike and exciting children's and family programme in the festival grounds. Visitors can look forward to a whole host of adventure and handicraft stations focussed on the alpine ibex, as well as the Alpine Association's climbing tower. But that is not all; the Life Radio team will also be in attendance and reporting live on all the action.



All events at a glance

Day	Date	Tour Name	Tour Nr.	Seite
Mon	14. May	Pleasant village tour through Mayrhofen	2	28
Tue	15. May	The „Glocke“ natural gem	6	32
Wed	16. May	Hippach Herb Garden	1	27
Wed	16. May	From the Ziller River to the Talbach Waterfall	8	34
Thu	17. May	Wild herb walk in Tux	4	30
Mon	21. May	Pleasant village tour through Mayrhofen	2	28
Tue	22. May	The „Glocke“ natural gem	6	32
Wed	23. May	Hippach Herb Garden	1	27
Thu	24. May	Herb Walk in the Scheuling Forest	3	29
Fri	25. May	Natural monument Schrauben Waterfall	10	36
Mon	28. May	Pleasant village tour through Mayrhofen	2	28
Tue	29. May	The „Glocke“ natural gem	6	32
Wed	30. May	Hippach Herb Garden	1	27
Wed	30. May	From the Ziller River to the Talbach Waterfall	8	34
Thu	31. May	Wild herb walk in Tux	4	30
Mon	04. Jun	Pleasant village tour through Mayrhofen	2	28
Tue	05. Jun	The „Glocke“ natural gem	6	32
Wed	06. Jun	Hippach Herb Garden	1	27
Wed	06. Jun	Natural monument Schrauben Waterfall	10	36
Fri	08. Jun	Herb Walk in the Scheuling Forest	3	29
Mon	11. Jun	Pleasant village tour through Mayrhofen	2	28
Tue	12. Jun	The „Glocke“ natural gem	6	32
Wed	13. Jun	Hippach Herb Garden	1	27
Wed	13. Jun	From the Ziller River to the Talbach Waterfall	8	34
Thu	14. Jun	Wild herb walk in Tux	4	30
Mon	18. Jun	Pleasant village tour through Mayrhofen	2	28
Tue	19. Jun	The „Glocke“ natural gem	6	32





Day	Date	Tour Name	Tour Nr.	Seite
Wed	20. Jun	Hippach Herb Garden	1	27
Fri	22. Jun	Enchanting alpine flowers beneath the Brandberger Kolm	22	48
Mon	25. Jun	Pleasant village tour through Mayrhofen	2	28
Tue	26. Jun	Natural monument Schrauben Waterfall	10	36
Tue	26. Jun	The „Glocke“ natural gem	6	32
Wed	27. Jun	Hippach Herb Garden	1	27
Thu	28. Jun	Wild herb walk in Tux	4	30
Fri	29. Jun	Enchanting alpine flowers beneath the Brandberger Kolm	22	48
Mon	02. Jul	2-Summit Tour in Schwendberg	15	41
Mon	02. Jul	Pleasant village tour through Mayrhofen	2	28
Tue	03. Jul	To the most beautiful mountain hut in the Eastern Alps	25	51
Tue	03. Jul	Natural monument Schrauben Waterfall	10	36
Tue	03. Jul	The „Glocke“ natural gem	6	32
Wed	04. Jul	Hippach Herb Garden	1	27
Wed	04. Jul	Out and about in the valley, the source of the Ziller River	5	31
Wed	04. Jul	Watching Wildlife	18	44
Thu	05. Jul	A peek in the living room of the woodpecker and wood grouse	26	52
Thu	05. Jul	Herb Walk in the Scheuling Forest	3	29
Thu	05. Jul	On the Way to the Natural Paradise of the Tux Alps	24	50
Fri	06. Jul	From the Ziller River to the Talbach Waterfall	8	34
Fri	06. Jul	Weitental: Heavenly and flower-strewn valley	11	37
Fri	06. Jul	Wild and romantic Bodenalm	17	43
Mon	09. Jul	Pleasant village tour through Mayrhofen	2	28
Mon	09. Jul	Tux Magnesite Mine	9	35
Mon	09. Jul	Unterschrammachkar: Natural Gem below the Olperer	19	45
Tue	10. Jul	Natural monument Schrauben Waterfall	10	36
Tue	10. Jul	The „Glocke“ natural gem	6	32
Tue	10. Jul	Mythical Hike in Ginzling		23
Tue	10. Jul	Alpine ibex & high alpine chapel	21	47


Day	Date	Tour Name	Tour Nr.	Seite
Wed	11. Jul	Volunteer Project at the Grieralm		26
Wed	11. Jul	Enchanting alpine flowers beneath the Brandberger Kolm	22	48
Wed	11. Jul	Alpine Hike with Peter Habeler	27	53
Wed	11. Jul	Hippach Herb Garden	1	27
Wed	11. Jul	Sunrise over the Tux Valley	16	42
Wed	11. Jul	Forest Pixie day	15	21
Thu	12. Jul	The High Trail to South Tyrol	23	49
Thu	12. Jul	Through magical forests into the untamed Gunggl Valley	7	33
Thu	12. Jul	The Mill Clatters...	15	24
Thu	12. Jul	Wild herb walk in Tux	4	30
Fri	13. Jul	Kid's adventures in Scheulingwald Forest	15	22
Fri	13. Jul	Tettensjoch: High above the Tux Valley	14	40
Fri	13. Jul	Out and about in the valley, the source of the Ziller River	5	31
Fri	13. Jul	Weitental: Heavenly and flower-strewn valley	11	37
Mon	16. Jul	Traces of the Stone Age at Pfitscher Joch	12	38
Mon	16. Jul	Pleasant village tour through Mayrhofen	2	28
Mon	16. Jul	Panormatour in the Zillertal	20	46
Tue	17. Jul	To the most beautiful mountain hut in the Eastern Alps	25	51
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Thu	19. Jul	Presentation: "Stone pine and its effect on humans"		8

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Thu	02. Aug	Tour of alpine meadows in the mountaineering village of Ginzling	13	39
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SPARKASSE 
Schwaz

Was zählt, sind die Menschen.

Glückshormone für alle.

Unsere beeindruckende Bergwelt ist ein Erlebnis und Naherholungsgebiet zugleich. Dieses kostbare Gut gilt es weiterhin zu schützen und zu bewahren.

www.sparkasse-schwaz.at

Registration and Equipment

Registration

- via www.naturpark-zillertal.at by latest 20.00 hrs on the day before your proposed tour
- via your accommodation provider by latest 20.00 hrs on the day before your proposed tour
- direct with the Nature Park/Tourist Board offices by latest 17.00 hrs on the day before your tour

Costs

- **Free of charge for guests staying at our partner businesses!** Please show your Nature Park guest card to your Guide before the tour. The card is issued by your accommodation
- Or else, please check the individual tour descriptions
- Children up to the age of 5 years are free of charge, children between the age 6-14 years only pay half
- Costs incurred for buses, trains, possible use of cable cars or taxis is not included.

Equipment

Appropriate hiking clothing with sturdy shoes, rain and sun protection as well as a water bottle are essential on all tours!

Meeting Points

- See the **map** on page 3, **network plan** on page 54 and **tour descriptions**
- All meeting points are easily accessible using public transport



Level of difficulty

Tour difficulty rating	Rating	Trail and terrain	Requirements and equipment
	easy hike	hiking trail, relatively flat terrain, easy uphill climbs, ascents of 100 - 300 metres in altitude, 2 -4 hours of walking	not particularly physically demanding, trainers with good soles or trekking shoes will suffice
	moderate hike	hiking trail, relatively flat terrain, easy uphill climbs, ascents of 300 - 700 metres in altitude, 3 -4 hours of walking	moderately demanding, relatively good fitness levels required, as are decent trekking shoes with a good sole or hiking boots
	difficult hike	marked trails and/or routes off the beaten track, sections of steep alpine terrain, ascents of 500 - 1,200 metres in altitude, 4 -8 hours of walking	good stamina and fitness levels required, steady footing and a good head for heights, hiking boots
	difficult summit hike	steep terrain, exposed sections with danger of falling, high alpine terrain, over 1,000 metres in altitude, 6 - 8 hours of walking	excellent stamina and fitness levels required, steady footing and a good head for heights, hiking boot



= Take your own food and drink

The organizers reserve the right to make last minute programme changes or postponements in the event of adverse weather conditions or any other reason. Participation is at your own risk - the Zillertal Alps Nature Park administration team accept no liability of any kind!



Family and Children Programme



Family Adventures at the Tuxbach River

An exciting hike from Lanersbach to the Tux Mill

Starting from the Tux Center in Lanersbach, we set off on an exciting adventure tour along the rushing waters of the Tuxbach River. During this leisurely hike, we discover all sorts of interesting facts about the nature of the Tux Valley, which is known for its alpine grazing pastures and the glacier. We will enjoy various games and build our own small raft, which we send down the Tuxbach on its journey. Once at the Tux Mill, we immerse ourselves in the historic times of yesteryear. The mill, originally built in 1839, is still in operation during the summer months.

Suitable for children from the age of 5.



Meeting point: 10.45 hrs. – Tux Center Lanersbach: car park behind the Tux Center

Dates: 23.07. | 06.08. | 20.08. | 03.09.

Duration: ca. 5 hours; 3 of which spent walking

Characteristics: easy walk in easy terrain along the Tuxbach river

Cost: Children ≤ 5 years free - Children 6-14 years € 2,50 - Adults € 5
free for all guests of our partner businesses



Arriving by bus:	10.10 hrs dep.	↓	Mayrhofen station	↑	arr.	15.57/ 16.27 hrs
	10.37 hrs arr.					

Refreshments: None - please bring a snack and drink!

Maximum number of participants: 12! Advance registration is required - also for parents!

Family and Children Programme

Forest Pixie day



An invitation to all budding natural scientists and their parents!

Children's programme in the amazing "Glocke" protected area. Together we can discover the Glocke, an island full of botanical features with a fascinating ravine forest. While we pretend to be forest pixies, we learn about the forest from the forest and investigate the Glocke using our imagination and creativity. The focus is on children and their natural inquisitiveness during this family hike.



Suitable for children from the age of 3 - 9.

Meeting point: 10.00 hrs – Finkenberg, car park opposite the church

Dates: 11.07. | 18.07. | 25.07. | 31.07. | 15.08. | 29.08. | 05.09.

Duration: circa 3-4 hours; 45 min of which spent walking

Characteristics: easy walk with circa 140 m in altitude difference

Cost: Children \leq 5 years free - Children 6-14 years € 2,50 - Adults € 5
free for all guests of our partner businesses

Arriving by bus:	9.40 hrs dep.	↓	Mayrhofen station	↑	arr.	13.57/ 14.27 hrs
	9.52 hrs arr.					

Refreshments: None - please bring a snack and drink!

Maximum number of participants: 12! Advance registration is required - also for parents!





Family and Children Programme

Kid's adventures in Scheulingwald Forest



Journey over Hill and Dale

Scheulingwald Forest is home to many secrets... We explore the hidden treasures of the forest in the protected area around Mayrhofen. This family hike takes us along narrow trails until "Schlangenkopffelsen - Snake Head Rock". Using fun and games, we

explore the forest with its plants and inhabitants together. The hike ends at the water playground in Scheulingwald Forest, where you can enjoy spending the rest of the afternoon.

Especially suitable for children aged 3 - 9 years.



Meeting point: 10.00 hrs – Europahaus Mayrhofen

Dates: 13.07. | 27.07. | 17.08. | 31.08.

Duration: circa 3-4 hours; 45 min of which spent walking



Characteristics: easy walk

Cost: Children ≤ 5 years free - Children 6-14 years € 2,50 - Adults € 5
free for all guests of our partner businesses

Arriving by bus:	9.33 hrs dep.	↓	Tux-Center Mayrhofen station	↑	arr.	14.37/ 15.07 hrs
	9.57 hrs arr.				dep.	14.10/ 14.40 hrs

Refreshments: None, please bring a snack & drink! Kiosk near mini golf course (after the tour)

Maximum number of participants: 15! Advance registration is required - also for parents!

Mythical Hike in Ginzling

Journey back in time to the world of the Dornauberg Giants



People still recall the legend of the Dornauberger Giants in the mountaining village of Ginzling. They lived here for many years and left behind many traces of their existence. These signs can still be seen today - if you know exactly where to look for them. Only a few years ago, two young boys found a so-called “spiritual energy line”, with which one can travel back to the time of the giants. They met Hedwig, Emil and Otto, the last three Dornauberger Giants. We join a „giant expert“ in Ginzling to trace their tracks, and will discover fascinating information about the lives of the giants.

Suitable for children from the age of 5.

Meeting point:	09.45 hrs – Naturparkhaus Ginzling			
Dates:	10.07. 24.07. 07.08. 21.08.			
Duration:	ca. 3 hours; 1.5 of which spent walking			
Characteristics:	Easy walk in and around the village of Ginzling			
Cost:	Children ≤ 5 years free - Children 6-14 years € 2,50 - Adults € 5 free for all guests of our partner businesses			
Arriving by bus:	9.10 hrs dep.	↓	Mayrhofen station	↑ arr. 12.45/ 14.45 hrs
	9.38 hrs arr.		Ginzling Naturparkhaus	dep. 12.30/ 14.30 hrs
Refreshments:	None - please bring a snack and drink! Guest houses in Ginzling (after the tour)			
Maximum number of participants:	15! Advance registration is required - also for parents!			





Family and Children Programme

The Mill Clatters...

An exciting family walk in Brandberg



The mountain farmers of Brandberg live and work, in the truest sense of the words, on the sunny side of life. Thanks to the favourable conditions, the people of Brandberg cultivated cereals at high altitudes around their farms until only a few decades ago. We bring the mountain farmers experiences to life, as we walk around the farms and trails to the Schrofén Mill. Once there, we grind flour from corn and discover the various grains that can grow in the mountains. We observe wildlife along the meadow's edge and solve the odd puzzle or two on the historic Mitterstall Barn. Our efforts are then rewarded with a tasting session of farmer's bread. **Especially suitable for children aged 3 - 9 years.**

Meeting point:

10.00 hrs – Gasthof Thanner in Brandberg

Dates:

12.07. | 26.07. | 09.08. | 23.08.

Duration:

ca. 3 hours; 1 of which spent walking

Characteristics:

easy walk (not suitable for pushchairs), circa 200 m in altitude difference

Cost:

Children ≤ 5 years free - Children 6-14 years € 2,50 - Adults € 5
free for all guests of our partner businesses

Arriving by bus:

9.40 hrs dep.	↓	Mayrhofen station	↑	arr.	14.33 hrs
9.55 hrs arr.		Brandberg GH Thanner		dep.	14.20 hrs

Refreshments:

None - please bring a snack and drink! Gasthof Thanner (after the tour)

Maximum number of participants: 12! Advance registration is required - also for parents!



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Volunteer Projects on Alpine Farms

Working together with the Nature Park team

What do we do?

Management of alpine farms is becoming increasingly challenging due to structural changes in the agricultural sector. The Nature Park administration therefore supports mountain farmers' endeavours in

preserving their alpine pastures - this year we are involved in helping the Grieralm (Tux) and the Brandberg mountain meadows at Kolmhaus. Together with Nature Park team, we help cut back shrubs and clear rocks and stones from grazing areas. Many alpine areas are at risk from bush encroachment, or mudslides and avalanches have left residual stone matter in the pastures. Your efforts will be a valuable contribution to promoting a pleasing bio-diversity in the meadows, as well as caring for the alpine grazing pastures. Become part of our volunteer team and savour the mountain panorama of the Zillertal Alps while you help! Please register with the Nature Park by phone or enter your details in our digital event calendar.

Meeting point:	Details available by phone, or in the event calendar under www.naturpark-zillertal.at		
Dates Grieralm:	11.07. and 25.07.	 	Date Kolmhaus: 14.08.
Duration:	7 hours, 6 of which are spent doing volunteer activities – 1 hour for lunch		
Characteristics:	Clearing of shrubs and stones - maintenance of stone walls		
Equipment:	weatherproof clothing & sturdy shoes – tools will be provided		
Refreshments:	A lunch snack will be provided, please bring food & drink for the rest of the day		
Maximum number of participants: 8! Advance registration is required			

Hippach Herb Garden

Herbalists introduce you to the world of local herbs

Discover with us the lovingly constructed herb garden that was planted in 2017 at the “Widum” (parsonage) in Hippach - the so called “Kräutergachtl” Thanks to the support of volunteer helpers, the teaching and show garden was created in the form of a sun and rainbow. You will find more than 150 native plants in this smallest of spaces. Feel the fascination of this special place of spiritual energy and listen to the traditional knowledge of our local herbalists. Depending on the season, we will prepare a tasty treat, which we will enjoy sampling together.



1

Meeting point: 10.00 hrs - Kräutergarten Hippach (Lindenstraße 18, 8 minutes walk from Ramsau station)

Dates: May: 16.,23.,30. | Jun: 6.,13.,20., 27. | Jul: 4.,11.,18., 25. | Aug: 1.,8.,15., 22., 29. | Sept: 5.,12.,19.,26.

Duration: ca. 3-4 hours

Characteristics: leisurely stroll through the herb garden

Cost: €5 (free for guests of our partner businesses)

Arriving by train:	9.47 hrs dep.	↓	Mayrhofen station	↑	arr.	13.59/14.29 hrs
	9.53 hrs arr.		Hippach-Ramsau station		dep.	13.53/14.23 hrs

Maximum number of participants: 12! Advance registration is required



Pleasant village tour through Mayrhofen

From Europahaus into the secluded Scheulingwald Forest

After receiving information on the Zillertal Alps Nature Park, we walk through the Scheuling Forest, home to a particularly rich world of flora and fauna. This walk takes us through the village with its' assortment of historical buildings and into the protected area of the Scheuling Forest. We will then walk over the Zillersteg Bridge to Kumbichl, from where we have excellent views of the Ziller Gorge and Tuxer

2

Gorge. Afterwards we will reach the sub-district of Dorf-Haus, which is particularly pretty with its old farmhouses. The knowledgeable Nature Park guides will tell you all about the cultural and natural features of the region.



Meeting point: 13.00 hrs – Europahaus Mayrhofen

Termine: May: 14., 21., 28. | Jun: 4., 11., 18., 25. | Jul: 2., 9., 16., 23., 30. | Aug: 6., 13., 20., 27. | Sept: 3., 10., 17., 24. | Okt: 1.

Duration: circa 3 hours; 2 of which spent walking

Characteristics: easy walk in and around the village with circa 150 m in altitude difference

Cost: € 4 (free for guests of our partner businesses and from the tourist region Mayrhofen Hippach with their guest card)

Arriving by bus*:	12.03 hrs dep.	↓	Tux Center	↑	arr.	17.07/17.37 hrs
	12.27 hrs arr.		Mayrhofen station		dep.	16.40/17.10 hrs

Refreshments: several guest houses in Mayrhofen

Maximum number of participants: 20! Advance registration is required!

Herbal Walk in the Scheuling Forest

There is a herb for every ailment

During this informative and entertaining walk through the protected Scheulingwald Forest, Mayrhofen's recreation area, we will pick tasty herbs just next to the path, discuss their healing properties and prepare a delicious and healthy soup. The group will share basic knowledge and experiences concerning medicinal plants. Curious about the natural resource and source of energy, we will try to track down the secrets of these magical herbs.



3

Meeting point:	10.00 hrs – Europahaus Mayrhofen					
Dates:	24.05.* 08.06. 05.07. 19.07. 02.08. 16.08. 30.08.					
Duration:	circa 4 hours; 1 of which spent walking					
Characteristics:	easy walking in easy terrain					
Cost:	€5 (free for guests of our partner businesses)					
Arriving by bus:	9.33 hrs	dep.	↓	Tux Center	↑	arr. 15.07 hrs
	9.57 hrs	arr.		Mayrhofen station		dep. 14.40 hrs
Refreshments:	several guest houses in Mayrhofen					
Maximum number of participants: 15! Advance registration is required!						



*Attention: Departure times may vary, at the time of printing the bus schedule has not yet been published!



Wild herb walk in Tux

Insider tips for your very own "natural pharmacy" of medicinal herbs

During our wild herb walks through forests and meadows, the natural enigmas of the Tux Valley are slowly revealed to us, as well as secrets about the healing powers of alpine herbs. This "natural pharmacy" is

governed by the seasons and literally on our doorstep, where real treasures can be discovered at any time of the year. We discuss ancient knowledge on the healing powers of herbs, tree resins and roots, as well as their diverse applications and processing methods. The bus stop at the Hintertux Glacier (next to the Hintertuxerhof) is both meeting and starting point for this interesting tour through nature. From there, we head towards Bichlalm.

4



Meeting point:	10.00 hrs – Bus stop Hintertux Cable Car					
Dates:	17.05. 31.05. 14.06. 28.06. 12.07. 26.07. 09.08. 23.08. 06.09.					
Duration:	circa 4.5 hours; 2 hrs. of which spent walking					
Characteristics:	easy walking in easy terrain with circa 200 m in altitude difference					
Cost:	€ 5 (free for guests of our partner businesses)					
Arriving by bus:	9.10 hrs dep.	↓	Mayrhofen station	↑	arr.	15.00/ 15.30 hrs
	9.50 hrs arr.		Hintertux Cable Car		dep.	14.20/ 14.50 hrs
Refreshments:	several guest houses in Hintertux (after the tour)					
Maximum number of participants:	15! Advance registration is required!					

Out and about in the valley - the source of the Ziller River

From the source area in the upper Zillergrund to Häusling

From the terminus of the Zillergrund, we head briefly into the valley until we spot the headwaters of the river, from which the Zillertal Valley derives its name. We then walk leisurely out of the valley alongside the Ziller River, from Bärenbadalm at the entrance to Hundskehle. After about one hour, we reach the very quaint Gasthof in der Au. Another tributary valley, the “Sunder”, branches off from here, which is very popular with climbing fans because of its imposing boulder blocks. Our route takes us from the Au past numerous alpine pastures and on to Häusling. In contrast to the steep, black rock ridges on the opposite side of the valley, the bright facade of the Chapel of Our Lady of the Snow shimmers a bright welcome in the distance. In Häusling we can take a break in the guest house before catching the bus back to Mayrhofen.



5

Meeting point:	09.50 hrs – Bus stop Zillergrund Staumauer (Zillergrund)					
Dates:	04.07. 13.07. 18.07. 27.07. 01.08. 10.08. 17.08. 13.09					
Duration:	ca. 5 hours; 4 of which spent walking					
Characteristics:	easy walk					
Cost:	€ 6 (free for guests of our partner businesses)					
Arriving by bus:	8.50 hrs	dep.	↓	Mayrhofen station	↑	arr. 15.42/ 16.42 hrs
	9.47 hrs	arr.	↓	Zillergründl Reservoir GH Häusling	↑	dep. 15.21/ 16.21 hrs
Refreshments:	Gasthof Häusling					
Maximum number of participants: 15! Advance registration is required!						





The “Glocke” natural gem

Botanical walk through a breathtaking ravine forest

The nature trail is located in a protected area called the Glocke, an island full of an interesting mix of geological and botanical rarities in the Nature Park member village of Finkenberg. Only three of this type of botanical rarity has remained intact in the Eastern European Alps since the Ice Age – and one of them is here in Finkenberg! Particularly impressive is the 70 metre deep Tux Stream Gorge and the legendary “Teufelsbrücke” – Devil’s

6

Bridge. Learn some interesting facts about this very special forest, its historical uses, unique plant world and extraordinary geological features. This exciting round walk is full of mystery, unexpected secrets and interesting.



Meeting point: 10.00 hrs – Finkenberg, car park opposite the church

Dates: May: 15.,22.,29. | Jun: 5.,12.,19.,26. | Jul: 3.,10.,17.,24. | Aug: 7.,14.,21.,28. | Sept: 4.,11.,18., 25. | Oct: 2.

Duration: circa 4 hours, 1.5 of which spent walking

Characteristics: easy walk in and around Finkenberg (ca. 120 m in altitude difference)

Cost: € 5 (free for guests of our partner businesses)

Arriving by bus: 9.40 hrs dep. ↓ Mayrhofen station ↑ arr. 14.27/ 14.57 hrs
9.52 hrs arr. ↓ Finkenberg Dorf ↑ dep. 14.18/ 14.48 hrs*

Refreshments: Hotel Schöne Aussicht, several guest houses in Finkenberg (after the tour)

Maximum number of participants: 15! Advance registration is required!

Through magical forests into the untamed Gunggl

Forest tour in a wild and romantic valley near Ginzling

Starting from the Nature Park House, walk along the “Ginzlinger Rundwanderweg” (Round Walk) for a short way, before turning off into the small Gunggl Valley. We follow an ancient, winding path uphill through a dense mountain forest. Whilst walking along this trail, we find out lots of exciting information about the forest and its inhabitants. As soon as we hear the bubbling waters of the stream, we know the Maxhütte can’t be far off. The valley suddenly opens up to reveal wide grazing pastures and high peaks that mark the end of the valley. We walk a little further through lovely alpine pastures until we see a distinctive step in the topography, where small waterfalls tumble down into the valley basin. On the way back, we can stop at the quaint Max Hut and enjoy some welcome refreshments before our descent back to Ginzling.



7

Meeting point:	9.45 hrs - Naturparkhaus Ginzling				
Dates:	12.07. 26.07. 09.08. 23.08. 06.09.				
Duration:	circa 5 hours, 4 hrs of which spent walking				
Characteristics:	moderate hike with steep sections (600 metres in altitude)				
Cost:	€6 (free for guests of our partner businesses)				
Arriving by bus:	9.10 hrs dep.	↓	Mayrhofen station	↑	arr. 14.45/ 16.45 hrs
	9.38 hrs arr.		Naturparkhaus Ginzling		dep. 14.30/ 16.30 hrs
Refreshments:	Maxhütte, several guest houses in Ginzling (after the tour)				
Maximum number of participants: 15! Advance registration is required!					





From the Ziller River to the Talbach Waterfall

Discovering the treasures of the valley floor

From Hippach-Ramsau station, we walk along the banks of the Ziller River for a short distance before turning off along the „Laimacher Waldweg“ (Laimach Forest Trail). Just above the valley floor we make our way

down-valley along the forest edge, while enjoying fabulous views of the well-kept cultural landscapes of the Nature Park Region. The undulating trail leads us to the impressive Talbach-Waterfall. After crossing a bridge and following a quaint forest trail, we arrive at the residential area of the market town of Zell am Ziller. The tour ends at Zell railway station, where we can catch the train back to Mayrhofen.

8



Meeting point:	9.00 hrs – Hippach-Ramsau station						
Dates:	16.05. 30.05. 13.06. 06.07. 20.07. 03.08. 16.08. 30.08. 03.10.						
Duration:	circa 4 hours, 3 hrs of which spent walking						
Characteristics:	easy, some steep steps at the trail beside the waterfall (150 m in altitude)						
Cost:	€ 5 (free for guests of our partner businesses)						
Arriving by bus:	8.47 hrs	dep.	↓	Mayrhofen station	↑	arr.	13.29/ 13.59 hrs
	8.53 hrs	arr.		Hippach / Zell station		dep.	13.18/ 13.48 hrs
Refreshments:	several guest houses in Zell am Ziller (after the tour)						
Maximum number of participants: 15! Advance registration is required!							

Tux Magnesite Mine

On the trail of the Tux Valley mining history

Before the first tourists discovered the Tux Valley, the highest mining and metallurgical plant in Europe was located there at 1,700 m above sea level. Until its closure in 1976, magnesite mining provided gainful employment for up to 400 workers. A special company-owned housing estate with elementary school, canteen, department store, cinema and ski lift sweetened the lives of working-class families. We will walk to the Barbara Chapel with its beautiful frescoes by Tyrolean painter, Max Weiler, and learn interesting details on the history of this impressive company as we walk to the former factory premises. We will also hear at first-hand how the rock was transported from the mountain down to the valley. An interesting panoramic hike with fantastic views of the Tux and Zillertal Alps!



9

Meeting point:	9.30 hrs - Ticket office of the Finkenberger Almbahnen			
Dates:	09.07. 31.08. 17.09. 24.09.			
Duration:	ca. 4 hours.; 2.5 of which spent walking			
Characteristics:	moderate hike with 800 metres altitude difference in the descent			
Cost:	€6 (free for guests of our partner businesses); excl. costs for the Almbahn lift			
Arriving by bus:	9.10 hrs dep.	↓	Mayrhofen station	↑ arr. 15.00/15.30 hrs
	9.23 hrs arr.		Finkenberg Almbahn Vorderlanersb.	dep. 14.35/15.05 hrs
Refreshments:	Several guest houses in Vorderlanersbach (after the tour)			
Maximum number of participants:	15! Advance registration is required!			



*Attention: Departure times may vary, at the time of printing the bus schedule has not yet been published!



Natural monument Schrauben Waterfall

Walk to the Waterfall in Hintertux

The Tux waterfalls thunder and roar down into the valley and an imposing natural spectacle awaits us on this walk. Deep rock basins, natural rock bridges, caves, gorges and the Schrauben Waterfall, a protected natural monument, will simply take your breath away! We

will immediately be able to see the Kessel Falls at the start of the walk and then we will head up to the Schrauben Waterfall. Following a narrow forest trail, we will walk through the forest preserve and pass the so-called whales mouth, a rock formation that actually looks like the mouth of a fish. Highpoints of this walk are amazing Gorge and the stunningly beautiful valley at Waldeben. From there we will walk back down to the base station of the lifts.

10



Meeting point:

9.30 hrs – Base station of the Hintertux Cable Car

Dates:

May: 25. | **Jun:** 6., 26. | **Jul:** 3., 10., 17., 24., 31. | **Aug:** 7., 14., 21., 28. | **Sept:** 4., 26.

Duration:

circa 3-4 hours; 2.5 of which spent walking



Characteristics:

short, round walk with one steep section (ca. 260 m in altitude difference)

Cost:

€ 5 (free for guests of our partner businesses)

Arriving by bus:

8.40 hrs dep.	↓	Mayrhofen station	↑	arr.	14.27/ 14.57 hrs
9.20 hrs arr.		Hintertux Cable Car		dep.	13.50/ 14.20 hrs*

Refreshments:

several guest houses in Hintertux (after the tour)

Maximum number of participants: 15! Advance registration is required!

Weidental: Heavenly and flower-strewn valley

Colourful alpine flowers, waterfall and marmots!

Our exciting tour begins after a short gondola ride to the Sommerbergalm. The first section takes us uphill along an adventure-filled trail through the „Tux. Worlds“. We leave this and can already see the Tuxer Joch-Haus, which offers fabulous views of the surrounding mountains. Leaving the refuge hut behind us, we enter the idyllic Weidental Valley and its treasure-trove of exciting experiences. In addition to the vast array of colourful alpine flowers, many marmots have made this valley their home. You are bound to see them eating, playing or indulging in a spot of sunbathing in the alpine pastures. The gorge at the end of the valley is yet another highlight. The trail leads alongside the mountain stream, which sinks deeper and deeper until it plunges into the depths of a beautiful waterfall. After the waterfall, we stroll leisurely through the alpine terrain and sparse woodlands back to Hintertux.



11

Meeting point:	9.00 hrs – Base station of the Hintertux Cable Car				
Dates:	06.07. 13.07. 20.07. 27.07. 03.08. 10.08. 17.08. 24.08. 31.08. 07.09.				
Duration:	circa 6 hours; 5 of which spent walking				
Characteristics:	moderate round walk with 300 HM in ascent and 800 HM in descent				
Cost:	€ 6 (free for guests of our partner businesses)				
Arriving by bus:	8.10 hrs dep.	↓	Mayrhofen station	↑	arr. 15.57/ 16.27 hrs
	8.50 hrs arr.		Hintertux Cable Car		dep. 15.20/ 15.50 hrs
Refreshments:	Tuxer Joch-Haus				
Maximum number of participants: 15! Advance registration is required!					





Traces of the Stone Age at Pfitscher Joch

Exciting journey into the history of the Pfitscher Joch

We will walk to the Pfitscher Joch, a striking alpine crossing from South Tyrol to the Zillertal Valley and the site of some recent sensational Stone Age finds! During our journey back in time we will walk along the same paths used by Stone Age hunters. Back then, where you found animals, you could find people. They followed the animals, thereby ensuring their own survival. Elevated look-out points, a Stone Age camp and former “workshops” can often be seen right next to the trail – we gain an intense insight into the lives of the mountain folk. The exciting „Boundless Pfitscher Joch“ exhibition at the Lavitzalm - which we will visit - is dedicated to this theme. We can also learn interesting facts on the “eternal ice” and how glaciers have shaped the landscape.

reby ensuring their own survival. Elevated look-out points, a Stone Age camp and former “workshops” can often be seen right next to the trail – we gain an intense insight into the lives of the mountain folk. The exciting „Boundless Pfitscher Joch“ exhibition at the Lavitzalm - which we will visit - is dedicated to this theme. We can also learn interesting facts on the “eternal ice” and how glaciers have shaped the landscape.



Meeting point:

9.00 hrs – Bergrestaurant Schlegeis

Dates :

16.07. | 30.07. | 13.08. | 27.08. | 10.09.

Duration:

ca. 6 hours, 5 of which are spent walking

Characteristics:

moderately difficult hike with an ascent of around 600 m in altitude

Cost:

€ 6 (free for guests of our partner businesses)

Arriving by bus:

7.55 hrs dep.	↓	Mayrhofen station	↑	arr.	16.45 / 17.45 hrs
8.52 hrs arr.		Schlegeis Reservoir		dep.	16.00 / 17.00 hrs

Refreshments:

Lavitzalm, Pfitscher Joch-Haus

Maximum number of participants: 15! Advance registration is required!




Tour of alpine meadows in the mountaineering village of Ginzling

Along narrow trails and through fantastic cultural landscapes

We walk past the historic “Fürstenhaus” (royal house) and its picturesque chapel and up to the Paschbergalm (1,358 m). From there we continue along the “Almrunde” and over a moderate incline until the Oberböden (1.533 m), over which the beautiful Wildalm alpine farm extends. Across from us the Floite and Gunggl, two tributary valleys of Ginzling, open up and we can see the glaciated peaks of the Zillertal Alps in the background. Time and time again, we come across hand-built stone walls that characterise the landscape - some of them are already several centuries old. The trail then leads from Oberböden back down to Innerböden (1,301 m), where we stop and savour the peace of the mountain. It does not take long to walk back down to Ginzling from here, where we can also visit the interactive Glacier.Worlds exhibition at the Nature Park House.



13

Meeting point:	08.20 hrs – Naturparkhaus in Ginzling							
Dates:	19.07. 02.08. 16.08. 30.08. 14.09. 27.09.							
Duration:	circa 5 hours; 4 of which spent walking							
Characteristics:	moderately difficult walk with an ascent of circa 600 m in altitude difference							
Cost:	€6 includes entrance to the <i>Gletscher.Welten</i> (free for guests of our partner businesses)							
Arriving by bus:	7.55 hrs dep.	↓	Mayrhofen station	↑	arr.	14.45 hrs		
	8.18 hrs arr.		Ginzling Naturparkhaus		dep.	14.30 hrs		
Refreshments:	guest houses in Ginzling (after the tour)							
Maximum number of participants: 15! Advance registration is required!								



Tettensjoch: High above the Tux Valley

Expedition through the stages of vegetation in alpine landscapes

Accompany one of the Nature Park guides on a foray. We take a taxi up to around 2,000 metres above sea level near Elsalp Farm. From here, we follow a forest trail in an easterly direction, whilst savouring magnificent views over the Tux Alps, Zillertal Valley and Reichenspitz Mountains. An old hunting trail takes us high up over the alpine pastures to Tettensjoch

(2,276 m). Rock glaciers, moraines and a double mountain ridge dominate the landscape. During the descent to Löschbodenalm Farm and the Höllenstein Hut (1,710 m) we traverse high grazing pastures, the dwarf shrub belt and reach the natural treeline with larch, pine and spruce. The final stage takes us along an old trail and into the sub-district of Klausboden, before heading back to Lanersbach. An exciting hike for every hobby nature photographer.

14



Meeting point:

09.15 hrs - Tux Center in Lanersbach

Dates:

13.07. | 27.07. | 10.08. | 17.08. | 31.08.

Duration:

ca. 7-8 hours, 4 of which are spent walking



Characteristics:

moderately difficult hike with 400 metres in altitude difference

Cost:

€ 6 (free for guests of our partner businesses) and € 9 for the taxi

Arriving by bus:

8.40 hrs dep.
9.07 hrs arr.



Mayrhofen station
Tux Center



arr. 17.57/ 18.27 hrs
dep. 17.33/ 18.03 hrs

Refreshments:

Höllensteinhütte

Maximum number of participants: 15! Advance registration is required!

2-Summit Tour in Schwendberg

Mountain ridge hike from Melchboden into the Tux Alps

From Melchboden bus stop, we quickly leave the hustle and bustle of the high road behind us and reach the Arbiskopf (2,133 m) after only a short while. An almost Scandinavian-like landscape stretches out ahead of us, which we can admire from the second summit, the Rauenkopf (2,268 m). The surrounding meadows are strewn with hollows, wetlands and alpine flowers and are used as high alpine grazing pastures for cattle in summer. Our easy walk along the mountain ridge finally ends when we turn left shortly before the ascent to Kreuzjoch and soon reach the Rastkogelhütte (2,117 m). After enjoying some refreshments, we continue on to Sidanalm and walk back down via Schafleitenalm to Mösl (1,387 m), where we can catch the bus back down to the valley.



15

Meeting point:	10.45 hrs – Bus stop Melchboden			
Dates:	02.07. 25.07. 08.08. 15.08. 22.08. 29.08. 05.09.			
Duration:	ca. 5 hours, 4 of which are spent walking			
Characteristics:	moderately difficult hike with 400 metres in altitude difference			
Cost:	€ 6 (free for guests of our partner businesses)			
Arriving by bus:	09.50 hrs dep.	↓	Hippach-Ramsau station	↑ arr. 16.40/ 18.35 hrs
	10.40 hrs arr.	↓	Melchboden / Mösl-Roswitha	↑ dep. 16.10/ 18.05 hrs
Refreshments:	Rastkogelhütte, Schafleitenalm, GH Mösl			
Maximum number of participants:	15! Advance registration is required!			





Sunrise over the Tux Valley

Torseen Lakes, Ramsjoch and Grübelspitze



You will need to get up early for this tour! We will travel by minibus to the Nasse Tuxalm (1,843 m). From there, it's a gentle climb to the „Torseen“ (lakes at 2,258 m), where we can watch

the sunrise. During this tour we will find out more about alpine farming, fresh herbs and their wonderful aroma and taste, their medicinal properties and wide range of uses – from making schnapps to delicious cuisine. Having taken some wonderful photos, the tour takes us to Ramsjoch and the Grübelspitze Peak. From here the Eggalmbahn lifts provide a comfortable descent back down to the valley.

16



Meeting point:

4.15 hrs – Tux Center in Lanersbach

Dates:

11.07. | 25.07. | 08.08. | 22.08.

Duration:

circa 7 hours; 4.5 of which spent walking



Characteristics:

moderately difficult hike with an ascent of circa 700 metres in altitude

Cost:

€6 (free for guests of our partner businesses) and €7-12 for the taxi!

Arriving by taxi:

Boarding: post office Mayrhofen: 03.45 hrs - Finkenberg Almbahn lifts: 04.00 hrs

Return by bus:

11.33/ 12.03 hrs	dep.	↓	Tux Center
11.57/ 12.27 hrs	arr.		Mayrhofen station

Refreshments:

None - please bring a snack and drink!

Maximum number of participants: 15! Advance registration is required!

Wild and romantic Bodenalm

Fabulous hike with an alpine snack made from regional products

Bodenalm is located at 1,700 m above sea level in Zillergrund, the longest tributary valley in the Zillertal Alps Nature Park. The Bodenalm is particularly special because it is one of the last dairy alps in Tyrol with no road infrastructure, and is therefore only accessible on foot. A narrow trail, partly carved into the rock, leads from Häusling and its beautiful Maria Schnee - Our Lady of the Snows Chapel - up to the alpine dairy farm. The hike offers an impressive insight into the daily and arduous work of the alpine farmers. The Grundschartner (3,057 m), whose striking northern ridge attracts many ambitious climbers every year, towers over the Bodenalm. After an ascent of around 1½ hours, with some steep sections, a hearty alpine snack with local products awaits, which we enjoy whilst taking in the incredible panorama surrounding the Bodenalm.



Meeting point: 9.20 hrs – Bus stop Häusling (Zillergrund)
Dates: 06.07. | 20.07. | 03.08. | 24.08.
Duration: ca. 6 hours, 4 of which are spent walking
Characteristics: moderately difficult hike with steep sections and ca. 650 m in elevation
Cost: € 6 (free for guests of our partner businesses)

Arriving by bus:	8.50 hrs	dep.	↓	Mayrhofen station	↑	arr.	15.42/ 16.42 hrs
	9.16 hrs	hrs.					

Refreshments: Bodenalm, Gasthof Häusling (after the tour)

Maximum number of participants: 15! Advance registration is required!





Watching Wildlife

Out and about with hunters in the Tux Valley



Junsalm in the Tux Valley, nestled at the foot the Kalkwand Mountain, offers some very rewarding hiking routes. The variety of plants and abundance of wild animals is unique here. A hunter will accompany you along the way to Lake Junssee and, with a bit of luck, will see chamois, marmots and golden eagle

on their morning forays. You will find out more about the behaviour and characteristics of the wildlife, hunting and the development of human settlements in the Tux Valley. We will have Swarovski Optic binoculars with us and participants can also benefit from lots of photography tips.

Tip: Regional cheese specialities can be purchased at „**Stoankasern**“.

18



Meeting point: 6.30 hrs – Tux Center Lanersbach

Dates: 04.07. | 18.07. | 01.08. | 15.08. | 29.08.

Duration: circa 6-7 hours; 4 of which spent walking



Characteristics: long, challenging walk with an ascent of circa 1,000 metres in altitude

Cost: €6 (free for guests of our partner businesses) and €14 for the taxi!

Arriving by bus: 6.00 hrs dep. ↓ Mayrhofen station ↑ arr. 14.27/ 14.57 hrs
6.20 hrs arr. ↓ Tux Center ↑ dep. 14.03/ 14.33 hrs

Refreshments: Bergkäserei Stoankasern (at the end of the tour)

Maximum number of participants: 15! **Advance registration is required!**

Unterschrammachkar: Natural Gem below the Olperer

Neumarkter Route to the Olperer Hut

We start our fantastic high alpine tour at Schlegeis and walk from Zamsgatterl up to the picturesque Unterschrammachkar. The meandering brook, numerous wetlands and colourful alpine grasses all add to its special appeal. We then cross the bubbling brook and hike along a well laid-out panoramic trail to the Olperer Hut (2,389 m). We gradually get closer to a rise in the terrain, which offers us a tantalising peek of the mountain refuge hut. Before we stop there, however, we make a short detour to the suspension bridge just above the hut - and make the most of a great photo opportunity! Once arrived and having enjoyed a welcome rest at the Olperer Hut, we can enjoy impressive views of the highest peaks of the Zillertal Alps and the glacier at Schlegeis. Well refreshed, we will then begin our descent.



19

Meeting point:	9.00 hrs – Bus stop Schlegeis						
Dates:	09.07. 23.07. 06.08. 20.08. 03.09.						
Duration:	circa 7 hours; 5.5 of which spent walking						
Characteristics:	full-day hike with some steep paths and altitude differences of 650 m						
Cost:	€6 (free for guests of our partner businesses)						
Arriving by bus:	7.55 hrs	dep.	↓	Mayrhofen station	↑	arr.	17.45 hrs
	8.52 hrs	arr.	↓	Schlegeis Reservoir	↑	dep.	17.00 hrs
Refreshments:	Olpererhütte, several guest houses at the Schlegeis (after the tour)						
Maximum number of participants: 15! Advance registration is required!							





Panoramatour in the Zillergrund

Through beautiful alpine landscapes along lonesome, alpine trails

From the end of the Zillgrund Valley, we walk along the gently undulating “Seeweg” (Lake Trail) until we reach the quaint Hohenaualm. We continue from there towards the end of the valley and, after a small ascent, reach a magnificent alpine pasture, where we turn left onto the solitary Hannemannweg Trail. We negotiate a pronounced plateau in the terrain and reach a crossroad, which leads off to the Zillerplattenscharte to the right. We stay on the wonderful “Höhenweg” (High Trail) and reach the Plauener Hut after pas-

20 sing another two corries. We stop here for refreshments and to enjoy the fabulous views of the peaks and glacier world surrounding the Reichenspitze. From the hut, we continue along a varied trail back down to Zillergrund and our original starting point, where the bus is waiting for us.



Meeting point: 8.50 hrs - Bus stop Zillergründl Reservoir

Dates: 16.07. | 30.07. | 13.08. | 27.08.



Duration: ca. 6-7 hours, 4.5 – 5 of which are spent walking

Characteristics: challenging alpine hike with an ascent of 1,100 metres in altitude

Cost: € 6 (free for guests of our partner businesses)

Arriving by bus: 7.50 hrs dep. ↓ Mayrhofen station ↑ arr. 17.42/ 18.42 hrs
8.47 hrs arr. ↓ Zillergründl Reservoir ↑ dep. 16.50/ 17.50 hrs

Refreshments: Plauener Hütte, Hohenaualm

Maximum number of participants: 15! Advance registration is required!

Alpine ibex & high alpine chapel


Hike to the „King of the mountains“ in the Ziller valley



Our tour starts at Bärenbad and takes us directly to the „King of the Mountains“. At **Steinbock.Welten** (Ibex.World) we can find out a little more about the exciting history of these fascinating animals in the Nature Park region and even see a number of animals in their natural habitat. We then hike to the Zillergründl Reservoir, passing the High Alpine Chapel (2,250 m), which is dedicated to St. Valentine. Fabulous views over the main ridge of the Zillertal Alps is the reward for our exertions. After a break for refreshments at Gasthaus Adlerblick we take the bus from Zillergründl Reservoir back to Mayrhofen.



21

Meeting point:	8.35 hrs – Bus stop Bärenbad (Zillergrund)				
Dates:	10.07. 24.07. 07.08. 21.08. 04.09.				
Duration:	ca. 5 hours, 4 of which are spent walking				
Characteristics:	challenging hike with a steep climb of around 800 m and descent of 350 m in elevation				
Cost:	€6 (free for guests of our partner businesses)				
Arriving by bus:	7.50 hrs dep.	↓	Mayrhofen station	↑	arr. 15.42/ 16.42 hrs
	8.35 hrs arr.		Bärenbad / Zillergründl Reservoir		dep. 14.50/ 15.50 hrs
Refreshments:	Alpengasthaus Adlerblick, Bärenbadalm				
Maximum number of participants: 15! Advance registration is required!					





Enchanting alpine flowers beneath the Brandberger Kolm

The „Bergmähderweg-Mountain Meadow Trail“ to Kolmhaus

Starting from Gasthof Thanner, we walk through the Brandberg Meadows and on to the picturesque Bergmähderweg trail and its beautiful flowers, before heading up to the Kolmhaus (1,845 m). Depending on the flowering period, we are welcomed by anemones, many orchids and even the Pannonian gentian in late summer. The Kolmhaus is an

original mountain refuge at the entrance of a high valley, dominated by the mighty Brandberger Kolm. We also learn about the challenging work on the mountain meadows. Impressive views of the Tux Zillertal Alps can be enjoyed as we stop for a well-earned break. We then continue along the shady forest path and walk back to Brandberg via Berggasthof Steinerkogel (mountain guesthouse).

22



Meeting point:	9.00 hrs – Gasthof Thanner in Brandberg						
Dates:	22.06. 29.06. 11.07. 14.08. 07.09.						
Duration:	ca. 7.5 hours, 5-6 of which are spent walking						
Characteristics:	challenging alpine hike with steep paths; ascent of 1,100 metres in altitude						
Cost:	€6 (free for guests of our partner businesses)						
Arriving by bus:	8.45 hrs	dep.	↓	Mayrhofen station	↑	arr.	17.38 hrs
	9.00 hrs	arr.		Gasthof Thanner		dep.	17.25 hrs
Refreshments:	Gasthof Thanner, Kolmhaus, Steinerkogel						
Maximum number of participants: 15! Advance registration is required!							

The High Trail to South Tyrol

From Schlegeis to one of the Nature Park's most beautiful spots

From Schlegeis, we walk initially along the Neumarkter Route into the picturesque Unterschrammachkar. Once through the dwarf pine forest the cirque opens up, where a stream meanders alongside the trail and through the landscape, which is home to many peaty hollows and colourful alpine flowers in summer. Once arrived at Hinterboden, we turn left and walk past a small lake in a southerly direction. We walk along the fairly level trail, below the Ameis and Kellerkopf peaks until Stampfler Boden. It is not far now until we arrive at Pfitscher Joch-Haus, which is actually just on the other side of the Austro-Italian border in South Tyrol, where we can enjoy some great food. We walk back through the Zamser-grund Valley via the rustic Lavitzalm, which lies just beneath the distinctive “Rotbachlspitze” (Red Stream Peak).



23

Meeting point:	9.00 hrs - Bus stop Schlegeis Reservoir					
Dates:	12.07. 26.07. 09.08. 23.08. 06.09. 20.09.					
Duration:	ca. 7 hours, 6 of which are spent walking					
Characteristics:	challenging hike with an ascent of around 800 m in altitude					
Cost:	€6 (free for guests of our partner businesses)					
Arriving by bus:	7.55 hrs dep.	↓	Mayrhofen station	↑	arr.	17.45 hrs
	8.52 hrs arr.		Schlegeis Reservoir		dep.	
Refreshments:	Pfitscher Joch-Haus, Lavitzalm					

Maximum number of participants: 15! Advance registration is required!





On the Way to the Natural Paradise of the Tux Alps

From Stoankasern to Lake Junssee and the Geier Peak

From the Tux Center, we take one of the hiking taxis to Stoankasern, where the last mountain dairy in the Zillertal Valley can be found. From thereon, we walk initially through some lovely alpine pastures, accompanied by the inquisitive stares of the local population of marmots. After

a few terrace-like steps in the terrain, our path turns to the right and surmounts a steep, grassy slope over a number of hairpin bends and a short rocky section, secured by steel cable. Once we have managed to pass this section, we will be rewarded with views of the magnificent Lake Junssee, which now lies at our feet. The trail leads from the lake over a stony slope to a mountain yoke, from which it only takes a few minutes to walk to the Geier Peak, where a magnificent mountain panorama awaits. After walking back, the hiker's taxi takes us back to Lanersbach.

24



Meeting point:

6.30 hrs – Tux Center Lanersbach

Dates:

05.07. | 19.07. | 02.08. | 16.08. | 30.08.

Duration:

ca. 7.5 hours, 6.5 of which are spent walking

Characteristics:

day long hike with steep sections; around 1,000 m in altitude difference

Cost:

€ 6 (free for guests of our partner businesses)

Arriving by bus:

6.00 hrs dep.	↓	Mayrhofen station	↑	arr. 15.57/ 16.27 hrs
6.20 hrs arr.		Tux Center		dep. 15.33/ 16.03 hrs

Refreshments:

None - please bring a snack and drink! Bergkäserei Stoankasern (end of tour)

Maximum number of participants: 15! Advance registration is required!

To the most beautiful mountain hut in the Eastern Alps

The „Berliner Hütte“ glacier trail in the Zemmgrund

The Berliner Hut is a popular base for mountaineers, but also for mountain and glacier researchers. Embedded in a magnificent alpine scenery, the Berliner Hut is a symbol for the history of alpinism in the Zillertal valley. The first part of the hut was built in 1879, till 1911 the hut was expanded four times by the Section Berlin of the German Alpine Association and since 1997 the hut is a listed building. The deterioration of alpine glaciers is a visible indication of climate change. The most exciting part of our hike is the glacier trail in the Zemmgrund. We will hike along the themed trail between Hornkees and Waxeggkees whilst finding out many interesting facts on geology, formation of the Alps and its' glaciers.



25

Meeting point: 8.30 hrs – Gasthof Breitlahner in the Zemmgrund Valley

Dates: 03.07. | 17.07. | 31.07. | 14.08. | 28.08

Duration: ca. 8 hours, 6.5 of which are spent walking

Characteristics: day long hike in alpine terrain with around 800 m in altitude difference

Cost: € 6 (free for guests of our partner businesses)

Arriving by bus: 7.55 hrs dep. ↓ Mayrhofen station ↑ arr. 17.45/ 18.45 hrs
8.30 hrs arr. ↓ GH Breitlahner ↑ dep. 17.15/ 18.15 hrs

Refreshments: Grawandhütte, Alpenrosenhütte, Berliner Hütte, Waxeggalm, GH Breitlahner

Maximum number of participants: 15! Advance registration is required!





A peek in the living room of the woodpecker & Co

Expedition to the natural forest reserve beneath the Gamshütte

First we cross the legendary “Devil’s Bridge” and head towards Brunnhaus for a short distance, until the turn-off for the Hermann-Hecht-Weg branches away to the Gamshütte. We soon enter a mountain forest, which meanders pleasantly uphill until we reach a shelter that offers fabulous views of the

Zemmgrund and the village of Ginzling. From here, the trail leads through the Ebenschlag natural forest reserve, which has been allowed to flourish without human intervention for the last 20 years.

We feel like we’re in an enchanted forest! Feelings shared by the three-toed woodpecker, wood grouse and other animals, who appreciate the natural habitats provided here. The trees become sparser as we head uphill and reach the alpine pastures, where we soon see the Gams Hut. We stop here for some refreshments, before setting out on our walk back down to Finkenberg.

26



Meeting point: 9.00 hrs – Bus stop Finkenberg Teufelsbrücke

Dates: 05.07. | 19.07. | 02.08. | 16.08.

Duration: circa 6-7 hours, 5-6 hrs of which spent walking difference

Characteristics: day long hike with 1,000 metres in altitude difference

Cost: €6 (free for guests of our partner businesses)

Arriving by bus:	8.40 hrs	dep.	↓	Mayrhofen station	↑	arr.	15.27/ 15.57 hrs
	8.54 hrs	arr.					↑

Refreshments: Gamshütte

Maximum number of participants: 15! Advance registration is required!

Alpine Hike with Peter Habeler

Join him on his favourite mountain

Which mountain sports enthusiast doesn't dream of doing a tour with a worldfamous alpinist, and maybe get to hear a story or two about his expeditions? With Peter Habeler, who has already climbed five eight-thousand-metre peaks, you have the chance to do that. The peak of his career was the first ever ascent of Mt. Everest without additional oxygen together with Reinhold Messner in 1978. On this hike you can conquer your inner demons and climb your own "Everest"! Our tour takes you from the mountain station of the Ahorn cable car to the Edelhütte. From there, the trail leads over grassy slopes and scree fields up to a saddle where the steep, rocky steep climb begins along the western ridge, leading to the summit of Mt. Ahorn at 2,976 m above sea level.



27

Meeting point:	8.00 hrs – Base station of the Ahorn Lifts			
Dates:	11.07. 03.08. 28.08.			
Duration:	circa 6 hours; 5.5 of which spent walking			
Characteristics:	challenging alpine tour with around 1,000 m in altitude difference			
Cost:	€ 10 (free for guests of our partner businesses) excl. costs for the Ahorn Lifts			
Arriving by bus:	06.57 hrs dep.	↓	Tux Center	↑ arr. 16.07/ 16.37 hrs
	07.24 hrs arr.		Mayrhofen Post office	dep. 15.42/ 16.12 hrs
Refreshments:	Edelhütte			
Maximum number of participants: 20! Advance registration is required for this walk!				



Travel to the meeting point by bus & rail



Almost all our tour meeting points are easy to reach using public transport. We deliberately planned it this way so you can make an active contribution to nature conservation and environmental protection, while treating your car to a little holiday at the same time!

The map of the public transport network on the opposite page compactly summarises almost all rail and bus connections, hiker routes into the Stilluptal Valley as well as the hiker's taxi to Floitental with their respective stops.

TIPP: You can use almost all bus & rail services free with the **Zillertal Activcard!**



Informations on the current timetable: www.vvt.at or www.postbus.at

Available in the Europahaus & Nature Park House:

The brochures *hiking map (Wanderkarte)*
and *public transport network (Netzplan)*



NEU

Mountain walkers' bus in the Zillergund

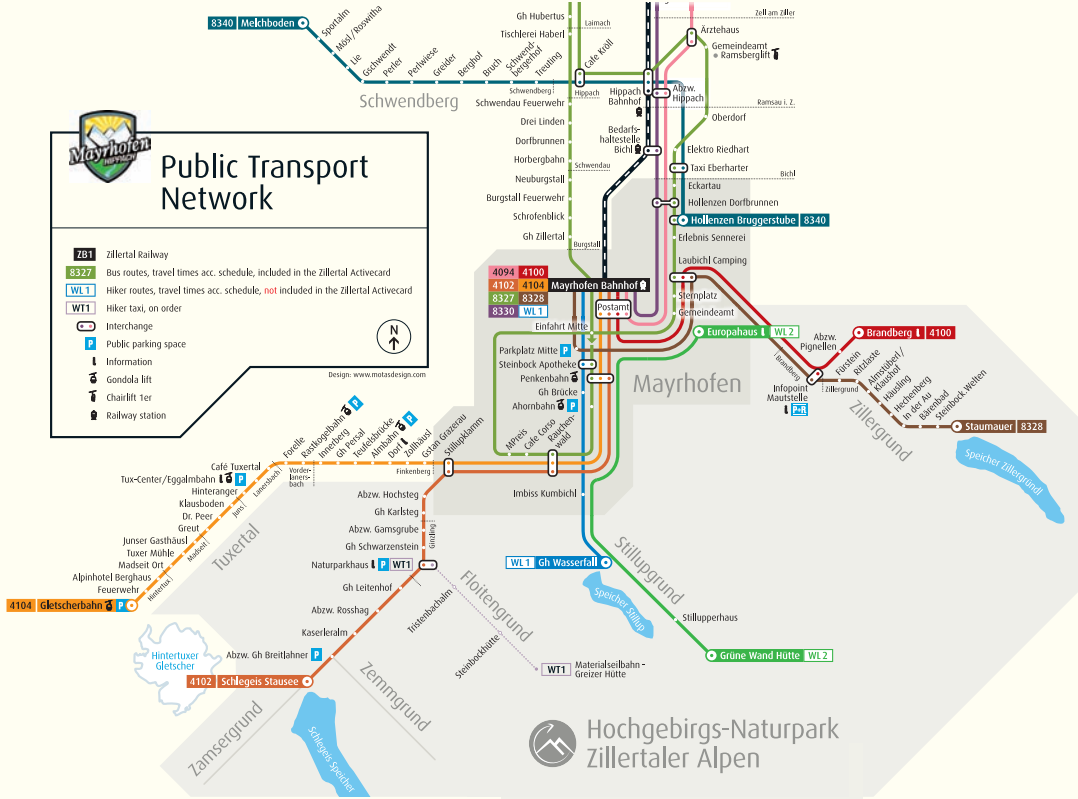
Dep.: 07:50 Bahnhof in Mayrhofen

Arr.: 08:47 Staumauer Zillergründl



 Railway station

Design: www.motasdesign.com



Hochgebirgs-Naturpark
Zillertaler Alpen

Exhibitions 2018



„OLPERER¹⁵⁰ - Mehlerhaus in Tux

The listed Mehlerhaus is a heritage site and testimony to peasant farming life in the Valley. The oldest part of the building dates back to the 16th century and is now accessible to the public. In 2018,

the Mehlerhaus will host the OLPERER¹⁵⁰ exhibition, dedicated to alpine history and the natural environment surrounding this glacier mountain, which was first climbed in 1867. Visitors can also enjoy other permanent exhibitions in the building! **Open from July - Sept. on Mondays & Fridays from 13:00 to 18:00!**

Cultur.Landscape.Worlds - Mitterstall / Brandberg

Cultur.Landscape.Worlds - one of the mountain farming cultural monuments in the Nature Park Region

is the Mitterstall (Mitter Barn). After renovation work was completed on this listed building, Mitterstall forms the centre piece of a Nature Park exhibition called, „Brandberg – our cultural landscape through the ages“. The exhibition is spread over three

rooms and tells of the harsh conditions alpine farmers had to endure, with details on the characteristic landscapes of pastures, mountain meadows and includes personal stories about the local people.

Open daily in summer. Free admission!



„Steinbock.Worlds“ - Zillergrund

Ibex.Worlds in Zillergrund. The alpine ibex is an animal that has a deeply rooted tradition at the Zillertal Alps Nature Park and, until recently, a very

chequered history. Up until the beginning of the 17th century there was a population of several hundred animals, which was eradicated in a few years. Despite attempts to reintroduce ibex to the Zillertal Valley, only limited success has been enjoyed. A small population currently lives wild in the depths of the valleys, although seldom seen by visitors to the Nature Park. You can find out interesting information on the ibex at the Steinbock.Welten in Zillergrund, as well as enjoy the opportunity to see a few live examples up close. **Open daily in summer. Free admission!**

„Glacier.Worlds“ - Nature Park House Ginzling

This is no exhibition in the normal sense of the word: No glass showcases, no boring information boards, but rather interactive, multimedia stations with a hands-on approach: see, touch and

comprehend. The public Alpine Library is also located in the house. A small selection of books and maps as well as Nature Park gifts with our „Zillertaler Gletscherfloh“ logo is available for sale at the Nature Park Shop. ... **Open daily in summer from 8.30 - 12.00 & 13.00 - 17.00 hours!**



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Zillertal erfahren

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Mayrhofen-Hippach Tourist Board

Dursterstraße 225, 6290 Mayrhofen

Tel: +43/(0)5285/ 6760, info@mayrhofen.at, www.mayrhofen.at



Tux-Finkenberg Tourist Board

Lanersbach 401, 6293 Tux oder Dorf 140, 6292 Finkenberg

Tel: +43/(0)5287/ 8506, info@tux.at, www.tux.at



Brandberg Town Hall

6290 Brandberg 13, Tel: +43/(0)5285/ 631 85



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Nature Park House Ginzling

Glacier.Worlds Exhibition

How do glaciers form? What was life like in ancient Zillertal? Where will the Alps be in a million years? All of this and more can be discovered at the Gletscher.Welten exhibition at the Nature Park House in Ginzling!

Open daily from 11.06 to 07.09 from
8.30 – 12.00 & from 13.00 – 17.00 hrs



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